



UNDERGRAD INTERNSHIP- SUMMER 2019

ADVANCED THERAPEUTIC SOLUTIONS – Oak Brook, IL

Experience a summer in a unique private practice that treats a rare disorder called selective mutism. Clinical opportunities are rare for undergraduates. This internship lets you gain clinical experience in the mental health field and is perfect for college students considering advanced studies in psychology. Those with a special interest in social phobias, anxiety disorders, and working with children are encouraged to apply. This opportunity will complement your education by providing you with the opportunity to develop skills outside of the classroom and labs. The internship ends with a week of supervised, hands-on clinical experience working directly with a child in our [Adventure Camp program](#).

Internship Details

- Assist the ATS Team with daily office duties and routine
- Participate in ATS Team meetings
- Gain experience in completing phone intakes and triage of calls
- Attend a 2-day selective mutism training seminar
- Serve as “confederates” in therapy sessions for children with selective mutism
- Have the opportunity to submit abstracts for conference presentations
- Gain experience in marketing a psychology practice, including social media outlets
- Serve as a psychologist’s assistant during ATS’s Adventure Camp for children with selective mutism
- Gain hands-on clinical experience working directly with children at Adventure Camp

REQUIREMENTS

- 3.5 cumulative GPA or higher (recommended), open to all majors (psychology majors preferred)
- Outstanding oral and written communication skills
- Organized, responsible, and interpersonally effective
- Strong critical thinking skills
- Demonstrated success with professional commitments (e.g. work, school, prior internships)
- Ability to thrive independently with minimal supervision
- Ability to work collaboratively among a team of interns and staff
- Ability to work June 10th – August 16th, Tues-Fri, 9am-5pm (extra hours during Adventure Camp week)

HOW TO APPLY

Round 1 (Priority) Applications Due: 11/30/2018

Round 2 (Slots not guaranteed) Applications Due: 02/15/2019

APPLICATIONS MUST INCLUDE:

- ✓ Cover Letter
- ✓ Resume/ CV
- ✓ Personal Statement (maximum 1 page)
please include a photo of yourself
- ✓ College Transcript
- ✓ Two letters of recommendation with
“Recommendation [Name]” in the
subject line

Email: Please submit materials to SummerInternship@advancedtherapeuticsolutions.org with "Internship 2019" in the subject line.

Or

Mail: Attn: Dr. Carmen Lynas, Internship Director
Advanced Therapeutic Solutions
600 W 22nd Street, Suite 250
Oak Brook, IL 6052

This is an unpaid internship that is considered an educational opportunity. Check with your school about potential funding support for students seeking outside internships.



Why Should I Apply for an Internship?

Founded in 2011, Advanced Therapeutic Solutions (ATS) is a small organization of clinicians treating phobias in children. We use innovative approaches that think out of the box and make practicing psychology very exciting. Seeing children overcome their fears and watching their families' lives get back to normal is rewarding in so many ways. We are invigorated each day by the success stories that we are honored to be a part of.

Pursuing a career in psychology likely means you are considering graduate schools. You will soon discover that doctoral programs in clinical psychology are extremely competitive. In fact, securing a funded seat in a Ph.D. clinical psychology graduate program that is accredited by the American Psychological Association (APA) is actually more competitive than getting into medical school. Even if you obtain a highly sought-after seat at a graduate university, you then have to contend with applying for a psychology doctoral-level internship for your final year. Obtaining an APA-accredited internship is more difficult than years past as there are more students than internships available. Each year, there are a large number of students who are not matched to an APA site. APA actually refers to it as a "crisis" for budding psychologists in their APA Monitor article, ["The Internship Match Crisis Continues."](#)

Why is this important to you? Because graduate school in clinical psychology is competitive, requires a true commitment to see it through, and can be costly as well, possibly leaving you with substantial loans that should not be entered into lightly. It is smart to participate in an internship that allows you the opportunity to decide if a career in clinical psychology is what you really want *before* applying to graduate school. While there are plenty of research opportunities for undergraduates, likely in your current program, clinical opportunities are rare for undergraduates. [Previous ATS interns](#) have said that being a part of the clinical scene has helped them formulate what path they want to follow for graduate studies.

A summer internship at ATS is unique. You will serve as "confederates" in the treatment of children with a phobia called "selective mutism." You will have the opportunity to shadow therapy sessions, videotape sessions, create meaningful clips of therapy sessions to foster learning, and work with a multidisciplinary team of school psychologists, clinical psychologists, school social workers, speech language pathologists, occupational psychologists, school personnel, and general pediatric providers in an innovative intensive treatment protocol called [Adventure Camp](#). You will have the opportunity to work alongside professionals, providing a rich opportunity for networking and potential recommendation letters. And the best part: seeing the children heal will be something you'll carry with you forever.

To learn more visit <http://www.selectivemutismtreatment.net>

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