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Anna Snyder, B.A.



Anna Snyder graduated from Hope College with a Bachelor of Arts in psychology and secondary mathematics education. She is currently in the clinical psychology graduate program pursuing her Ph.D. at Northern Illinois University (NIU). She has worked with children who experience behavioral and emotional difficulties at the Psychological Services Center at NIU. Anna also worked with a variety of children and adolescents through her experiences as a trained educator. She is passionate about working with children, particularly children who have anxiety. She enjoys working with children and adolescents one-on-one until each child or adolescent has reached his or her full potential. Anna is excited to be joining Advanced Therapeutic Solutions this summer as an

Adventure Camp counselor!

Q & A with Anna

What's your educational background, how does that relate to your work with children with SM?

I received my Bachelor of Arts in psychology and secondary mathematics education from Hope College and am currently seeking a Ph.D. in clinical psychology at Northern Illinois University. I have worked with a lot of children and adolescents with a variety of behavioral and emotional difficulties through my experiences as both a graduate student and a trained educator. My research interests are broadly in anxiety. I have a particular interest in working with children with anxiety to help them reach their full potential.

How does this training experience fit into your academic or professional goals?

In my future, I see myself as primarily working as a therapist with children. I have a special interest in children with anxiety disorders. This training experience will provide me with valuable skills that will serve me and my future clients well.

Why are you participating in Adventure Camp as a counselor?

I am participating in Adventure Camp as a counselor because I am passionate about working one-on-one with children to help them be the best that they can be.

What do you think you can learn from your camper?

In many relationships, including a counselor-camper relationship, I believe that each person learns from the other in the relationship. I am excited for not only what I can do to help the children I will be working with, but also what I will be learning in the process.

Would you recommend SM training for others, and why?

I would recommend SM training for others, because I believe it is important for people working with children to know about this disorder and how to help children who have it.